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technology
with good
old-fashioned
integrity"

GUNDLACH'S

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PLUMBING • HEATING • AIR CONDITIONING

MY WORD

BY KEN WONDERLY



Hello
Friends,

I hope
you're

taking time to enjoy this beautiful season. After a warm summer, fall brings a nice welcoming break in the temperatures and adds new color in the scenery outside.

If you're like many households, this season is also action-packed. Between work, school, sports and other events and activities, a lot of us are continually on the go. Returning home at the end of the day is the time to regroup and recharge for the next round.

However, the last thing you want to find waiting for you at home

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— IT'S ABOUT TIME! —

High-Tech Trends for Plumbing Upgrades

So, maybe you don't wake up in the morning and wonder, "What exciting new things are on the plumbing horizon?" But maybe you probably do like a touch of luxury and favor efficiency that saves you money.

Luxury and efficiency are the bookends for trends in residential plumbing. Within these broad categories, you can find many improvements to make your home exceedingly more enjoyable and eco-friendly to boot.

On the luxurious side, technological advances are coming to a bathroom near you. For example, "smart" showers will enable you to add music, steam and lighting to create a spa-like bathing

experience. Or you can turn a regular old bathtub into a relaxing environment. Whether you opt for a deep soaker tub or prefer jets and massage features, you can create your own in-home spa.

Luxury faucets also brighten up otherwise boring spaces. And with touch technology available with some fixtures, you can easily turn the water on or off with a simple tap on the faucet.



In terms of efficiency, tankless water heaters are growing in popularity too, thanks to eco-

friendly technology that supplies water on demand. You save the cost of heating water that you aren't using. High-efficiency toilets save water during rounds of daily flushing, which accounts for about 30 percent of a home's water use.

If you'd like to talk about plumbing upgrades in your home, please give us a call.



Adding Space in the Fridge

— HOT NEWS NOW —

How to Avoid Plumbing Problems

Many plumbing issues that occur in your home can be traced to such areas as human error; aging fixture, pipe or hose; or simple neglect. In cases like these, there are steps you can take to intervene before small problems become bigger, messier complications.

Let's start with the "human" element. You're at risk of clogs if you use your toilet as a trash receptacle for such items as cotton balls, cotton swabs, paper towels, dental floss or bandages. Keep a trash can handy for non-toilet-friendly discards.

Be careful of what you place down sink drains. For example, avoid pouring grease down the kitchen drain. When using the disposal, run cold water and keep the water running at least 30 seconds after food is ground up. Also, drain screens can help catch hair or other items that are prone to collect and clog drains.

Your plumbing system has many elements that will show signs of wear and tear. Faucets are prone to drip, the inner workings of toilets break down over time and water heaters also have a limited lifespan. Some fixes

are fairly simple if caught in advance, such as replacing bulging washing machine hoses. Otherwise, these could burst and send a flood of water into your home.

While it's tempting to let your plumbing system run unchecked, neglect is not your best. As with most things (including home systems), a little TLC goes a long way. Call us to conduct an inspection to identify signs of future problems.

Get Your Furnace Checked

Call for a pre-season tune-up, and get your furnace ready for an active winter. Annual maintenance lengthens equipment life, improves energy efficiency and helps prevent dangerous risks such as carbon monoxide leaks.

Plus, you can join our Comfort Club to save on this tune-up and future ones, too. Call **Gundlach's Plumbing, Heating & Air** today at **327-3052**.

If your refrigerator is feeling the squeeze from extra dishes needed to feed visiting family and guests this fall, why not try some simple tricks to add space for your many cooled contents? Start by discarding weeks-old leftovers and other out-of-date items, then get creative. For example:

- Repurpose six-pack containers to hold similarly sized items – such as mayonnaise, mustard and salsa. You could also use an empty egg carton to stack sauces.



— TAKE THAT! (AND THIS TOO!) —

When to Let Keepsakes Go

Deciding which keepsakes to keep can be a hard call. Whether it's your children's artwork or memorabilia from your own childhood, it's a good idea to evaluate your keepsake

policy. First, how much do you treasure the item? If you're only so-so, that's your opportunity to let it go. Second, will it fit in a box? If the item is bulky, large or awkward to store, you may not want to devote the space to keeping it around. Finally, will it last? Think twice if it's going to fall apart or disintegrate.

Cracker Candy



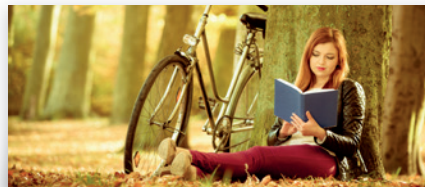
- At the office supply store, pick up some plastic paper organizers and lay them on their sides to stack stored food. This will add stability.
- Use small bins or open boxes to see and retrieve items quickly.
- Install a Lazy Susan to bring those hidden ingredients around to the front. (This also saves money by helping you avoid buying food items you already have.)
- Glue strong magnets to the inside top of the fridge and hang drinks with metal caps or in metal containers, freeing up space under the drinks for other items.
- If you have a wire shelf, you can easily stack bottles on their sides and place a binder clip on the shelf to keep them from toppling down and rolling around.
- As another option for “side storage,” you can turn tall items such as juice containers on their side, and add a bonus shelf.

It's one of the most deliciously easy treats to make on a fall afternoon. It only requires a few very basic ingredients. And folks love it. In other words, you can't go wrong if you offer friends and family this sweet snack.

Line a cookie sheet with aluminum foil, spray with cooking spray, then cover with saltine crackers fresh from the sleeve. In a saucepan, bring 1 cup plus 2 tablespoons of brown sugar and 1 cup (2 sticks) of

butter to a frothy boil – about three minutes. Then pour the thickened mixture over the crackers. Bake at 350 degrees for about 5 minutes or so.

Remove the bubbly delight from the oven and sprinkle with milk chocolate chips. Wait a few minutes, then spread chocolate with spatula. Adding nuts, such as chopped pecans, is optional. Refrigerate until it firms (about an hour), then break into pieces, like peanut brittle.



How's Your Voice Health?

Whether you're cheering on your favorite team, preparing for your big solo or your professional life involves plenty of talking (like teachers), voice health is important to your overall wellbeing.

You may be familiar with such symptoms as hoarseness or a raspy voice, throat feeling achy or sore, voice sounding deeper,

among others. These voice problems could be from a range of causes, such as respiratory infections or acid reflux.

To keep your voice in good health, the National Institute on Deafness and Other Communication Disorders recommends the following:

- Stay hydrated and limit the use of alcohol and caffeine.
- Avoid or limit use of medications that dry out the vocal cords.
- Maintain a healthy lifestyle and diet. Exercise regularly, don't smoke and avoid eating spicy foods.

Is Your Water Heater Ready for Retirement?

After 10-12 years of daily service, your water heater may be ready to slow down - or even call it quits.

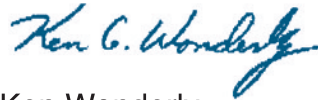
Call **Gundlach's Plumbing, Heating & Air** at **327-3052** and keep the hot water flowing. Mention this coupon and save 10% off the switch. But hurry, offer expires **November 30, 2017**.

is trouble with your plumbing system. Whether it's the sounds of an annoying drip, or signs of a growing leak or an unfortunate flood of water damage, rest assured; we're here to help.

If you have any plumbing problems, simply give us a call, and we'll be more than happy to send someone your way.

We appreciate your business and your friendship. And I hope you enjoy this newsletter and find some tips you can apply in your own home. Please take advantage of the discounts too!

Sincerely,



Ken Wonderly

Take an Eye Break

Staring at a computer screen for long hours can lead to eye strain. Symptoms could include blurry vision or burning, watery or dry eyes. Or you may get headaches. One effective solution is the 20-20-20 rule. Every 20 minutes, take a 20-second break to look at an object 20 feet away.

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P.O. Box 1738 • Bakersfield, CA 93302

www.gundlachsservice.com

If your mailing address is not correct, please call us!



Fix The Drip

That drip, drip, drip coming from your faucet is not just an annoying sound. It's also a costly drain on your water usage.

According to the EPA, a showerhead leaking at 10 drips per minute wastes more than 500 gallons a year. That's enough to run your dishwasher 60 times! And the numbers keep adding up. A leaky faucet dripping at a rate of one drip per second can waste more than 3,000 gallons per year. That's enough water for more than 80 showers!

Call **Gundlach's Plumbing, Heating & Air** at **327-3052** to fix the drips from your fixtures.

FAST FIX

Keeping Tabs on Closet Space?

How can a soda can tab help you create more room in a tight closet space? Pull the tab off the can, then hook a hanger with one clothing item through the tab's top hole. After hanging that item up, place a second hanger with another clothing item on the tab's bottom hole. This is also a nifty solution whenever you want to organize complimentary items of pants and shirts together.